



IKT POST-CONGRESS | APPALACHIA | 19 – 21 September | DETAILED ITINERARY

MONDAY 19 SEPTEMBER

8.45am

Meet 21C to drive to Appalachia

Drive to Appalachian Artisans Center, Berea (1 3/4 hours)

10.45am - 12.00pm

Appalachian Artisan Center Tour + Buffet Lunch

12.00pm

Bus to Whitesburg (2 hours 15 minutes)

2.15 pm-4.30pm

Visit Appalshop & See Film

Walk to Kentucky Mist Moonshine

4.30-5pm

Kentucky Mist Moonshine

Walk to EpiCenter Arts

5.15pm-6.00pm

EpiCenter Arts

Local hosts pick up groups and take to Airbnb

6.00pm-6.30pm

Settle in at AirBnBs

6.30pm

Local hosts pick up groups and travel on top of Pine Mountain

6.30pm-9.30pm

Nature Walk + Dinner at Wiley's Last Resort & Bonfire

9.30pm

Local hosts take groups to Airbnb

TUESDAY 20 SEPTEMBER

8.30am

Local hosts pick up groups and take to Cane Kitchen

8.40am-9.30am

Breakfast at Cane Kitchen

9.30am

Depart for Valley of the Winds

Van travel to Eolia (20 minutes)

10.00am-11.00am

Visit Valley of the Winds & Jeff Chapman Crane Studio

Van travel to Hindman (50 minutes)

12.00-3.00pm

Hindman Artisan Centre & Appalachian School of Luthiery & Troublesome Creek Guitars with Lunch in Hindman

Van travel to Mountain

4:15pm -5:30pm

Afternoon Hike

Van travel to dinner

6pm - 7:30pm

Dinner at Pine Mountain Grill

Van travel to B&Bs

7:30-8pm

van travel to Overnight at B&Bs

WEDNESDAY 21 SEPTEMBER

8.00am

8:45am

11.45am-1pm

1pm - 2:30pm

2.30pm

2.45pm-3.15pm

3.15pm - 4.35pm

Breakfast at B&B's

Drive to Frankfort, KY

Drive to Versailles (3 hours)

Lunch at Castle & Key

Castle & Key Bourbon Distillery Tour and Cocktails

Bus to Louisville

Bus tour murals + public art in Frankfort

Bus to Louisville Airport or local accommodation